



# COMPANY OVERVIEW





**For the past 30+ years, former US Navy SEAL, Ken Good and his teams, have been delivering leading edge tactical training. Progressive Combat Solutions, specializes in Low Light Operations, Force-on-Force, Active-Shooter, & Physical Conflict Resolution (PCR). We present and transfer Principles, Strategies, Techniques & Training Methodologies that are operationally useful and relevant.**

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## LAW ENFORCEMENT CLIENTS TESTIMONY



**DETECTIVE GEORGE JOY**  
R745

**DETECTIVE DIVISION**

**FARMINGTON POLICE DEPARTMENT**

I served in the British Army for almost 12 years, have been in the firearms industry for over a decade in the US and a cop for about 6 years and this was the single best training class I have ever attended...I've been an instructor in various disciplines for 25 years and you and the guys made learning fun which I know isn't always easy to do. ..I'm still distilling and thinking about the vast amount of information I gained during the class as it was a lot to digest in a short space of time.

I've read a few of the 'Articles of Interest' you posted on your website and got a lot more good information from those which was incredibly helpful too.

Your short class on combatives made so much sense to me and gave me a lot more confidence in dealing with non compliant folks, much more so than any other DT class has done to date. I really look forward to training with you again at some point in the future, either with the department or on my own dime.

Again, thanks much for the phenomenal training experience and look forward to meeting you again.



**RICHARD HENDERSON**

**NEW YORK POLICE DEPARTMENT**  
**EMERGENCY SERVICES UNIT**

While I was a member of the NYPD Emergency Service Unit I had the opportunity to train with Mr. Ken Good on several occasions. His 5 day team tactics course had some serious value. Certain components of the training stuck with me thru my entire 9 years in our tactical unit.

First and foremost was Ken's keen ability to think outside the box. His lowlight training doctrine developed years ago while at Surefire is the basis for all low light combat engagements.

In addition to being the Godfather of lowlight, Ken showed us how to operate with ballistic shields during search warrant applications. Ken showed how the shield could be used to defend ourselves from an unarmed attacker. Truth be told he turned us into Gladiators with the shield.

...using this technique inside a confined hallway has proven to be very effective for putting a non compliant person down.

.... All of these examples barely scratch the surface of the knowledge Ken has acquired over his years of training.



**DETECTIVE FRANK DO**  
#2179

**WICHITA POLICE DEPARTMENT**

I had been an officer on the street for nine years and was originally trained in more "traditional" police methods such as Pressure Point Control Technique. I also had a background in Filipino and Indonesian Martial Arts... I found that Physical Combat Resolution was easily taught to people of all skill levels and the knowledge could be immediately applied. All of the principles taught were constructive guidelines to assist in self-learning or exploration. ... Even though I had 10 years of quality martial arts training, police training, and experience in using force, I had natural doubts in handling larger and stronger people due my smaller stature.

One week of PCR completely removed that doubt and filled in all of the areas I needed work in. Everything I learned complemented my prior knowledge or showed me a better way of doing things. This material is the most effective and most relevant training that can be provided for law enforcement.

This material can also be applied to multiple areas of law enforcement training (firearms, driving, etc.). Quite simply, the principles are holistic and permeate beyond the time card.



**SGT. TY MOEDER**

**OLATHE, KS POLICE DEPARTMENT**

**TRAINING DIVISION**

As a 24 year practitioner in the realm of violence and human behavior; and an expert in physical security and criminal / civil liability; I have had extensive exposure to a diverse cadre of instructors throughout the years.

Only now, as a seasoned operator, trainer, consultant and business owner; am I able to grasp the breadth and subsequent blessing, of which I received from your various training(s) in years past.

As a direct result of your teachings, I have personally witnessed the lives of others preserved ... officers and suspects alike. More significantly, I testify that my life was also preserved during an instance of CQB; unquestionably the result of your "low-light" training.

Additionally, I would be remiss to not credit the positive outcomes following countless real-world critical incidents I directly have been a part of during my tenure.



## TRAINING PHILOSOPHY



*"It does not matter what I can do, it matters what you can do upon completion of the training."*

Ken J. Good  
Progressive Combat Solutions LLC

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## ABOUT US

We are Veteran-owned consulting and training organization specializing in delivering tactical training to Law Enforcement, Corrections and Military personnel in the United States and abroad. Instructors have years of real-world operational and tactical training expertise.

We regularly design and implement specialized curriculum to meet the demanding requirements of our clients.



## CAPABILITIES

From the Ground out to 2,000 meters, we have you covered. Former members of Naval Special Warfare (SEAL's), SWAT and other Specialized Groups are embedded within our staff and adjunct, contracted instructors. Whatever the level of support you require, we are confident that we can provide a specific package that can address your requirements. All of our team members are highly experienced in the areas in which they work and have long-term success in delivering training to the high standard that you would expect for your organization.



Firearms based  
Training &  
Perspective



Thousands Trained  
over a 30-year Period



Extensive Real  
World Experience &  
Feedback



Innovative Original  
Curriculum &  
Product Inventions



## EXPERT SERVICE LIST

Progressive Combat Solutions offers the following categories of Tactical Training for Military and Law Enforcement personnel. Training is tailored to meet the client's specific operational and training requirements.



### PCR

Physical Conflict Resolution for Law Enforcement and Corrections Officers. Handling non-compliant subjects.



### MILITARY COMBATIVES

Working against hostile threats in a Close Quarters Environment



### LOW LIGHT STRATEGIES

Strategies, Principles and Techniques while working in Diminished Light Situations



### PISTOL / RIFLE / SHOTGUN

Live fire training as a solo, pairs and elements



### SNIPER OPERATIONS

Military and Law Enforcement Sniper Training including Low Light Situations



### BALLISTIC SHIELD

Deployment of the Ballistic Shield Operator's and Instructor Levels



### RIOT SHIELD / CROWD CONTROL

Vital in today's current environment of unrest on the Streets on America



### FORCE ON FORCE DRILLING

Dynamic, innovative and valuable insights into the interplay of gun-fighting



### ACTIVE SHOOTER

Specialized courses tailored for the client's specific requirements



### CUSTOM COURSE DEVELOPMENT

Specialized courses tailored for the client's specific requirements



### EXPERT WITNESS TESTIMONY

Experienced in providing expert witness testimony as it relates to LE Issues

## What is Physical Conflict Resolution (PCR)?

PCR is a carefully constructed matrix of training drills and close quarter conflict methodologies designed to address a wide variety of threats currently facing law enforcement officers.

It is a flexible set of applicable strategies, principles and techniques to be used in conjunction with a proper mind-set. We understand implicitly that law enforcement officers must resolve their situations in view of the appropriate Rules of Engagement/Use of Force Policies as dictated by the reasonable application force, if and when force is required.

In today's higher threat situations, an officer's work may not always be entirely defensive in nature. Regardless, you must use the appropriate level of force required to resolve the situation, no more, no less. We emphasize "Video Safe" work. That is, we present solutions, options and useful techniques knowing that car cameras, body cameras, security cameras and smartphones are ever-present and will be reviewed post incident.

The basis of our approach has been formed through a constant interaction with Law Enforcement and Military individuals and teams over the past thirty years.

During this extended period of time, we have sought to solve a wide variety of problems facing law enforcement. This course is the embodiment of the solutions.

No curriculum can fully account for all known equipment, encompass the vast number of potential techniques, or address all the methodologies used to meet the mission requirements faced by law enforcement agencies across the country. Therefore, this course of instruction has an open architecture. It is designed from the outset to be modified, adapted, and improved upon. PCR lays the groundwork for the proper mindset and mechanics for moving in complex structures and multi-level threat environments. It's not a separate area of study per se.

## Low Light Tactical Training

Developed over a 30-year period of interaction with regular and Special Forces military units, federal, state, and local law enforcement agencies, this ground-breaking course exposes the officer to the foundational precepts associated with armed and unarmed confrontations associated with day and night operations.

We do not focus on final outcomes per se, but address the underlying processes that ultimately determine the conclusion of any given conflict. The core principles of low light CQB and low light CQC, conflict resolution, strategy, tactics, teamwork, proper individual biomechanics, timing, effective communication, and leveraging available equipment are presented and tested..

This program is crafted to allow you to fit in and use what you already know and are required to use. We are not going to suggest that you abandon working/proven solutions. This program gives you strong skeleton, a foundation from which to build a solid structure upon.

Course participants will be given a 130+ page manual written by Ken J. Good, who literally wrote much of the original doctrine now permeating the community.

## Force-on-Force Drilling & Scenarios - With & Without Ballistic Shields

The founder of Progressive Combat was on the "ground floor" of Force-on-Force and a leading advocate of this vital training approach from the late 1990's on. We focus in on the vital individual skills needed to overcome some the negative tenancies all initially express when pressure tested using this modality.

From there, we begin to expose the participant to proper pair work, which leads to a fully functioning, flow-enabled elements and larger teams. We have unique and time tested drilling protocols that have proven to be highly effective in actual gunfights.

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## ONE MIND



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- Continuity of Principle Application. A singular, cohesive mental Operating System to embrace the gambit of confrontations.
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- Flexible, Fluid, Flowing and Unpredictable is the Way.
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- Seamless transitions from attempts to physically control to the delivery of Lethal Force when required. We endeavour to create relatively calm operators by inculcating skill and understanding at the core level.



**Shattering false assumptions  
and replacing them with  
workable strategies, principles,  
and techniques**

As we like to say, *"Nobody rolls out of bed Tactical"*.

Training is a journey with no end in sight. We are obligated by the nature of the tasking to be personally training to improve ourselves as individuals, training to create a team flow, or passing on our hard won concepts to the next generation that is poised to stand in the gap.

Stagnation is not an option and simply cannot be allowed to manifest itself.

People recognize skill, confidence and capability. Lack of these things cannot be hidden from those that you are entrusted to train.

We can virtually guarantee that time spent with our staff will make a positive change in your training focus, alter the trajectory of your efforts and improve your overall situational awareness. You will modify your training methodologies and ultimately increase performance when that performance is needed most.

**We are in the business getting to the internal software of those we interact with.**

**We are not interested in creating trained circus performers.**

**We foster the development of critically thinking, operationally oriented, individuals and teams.**



## CUSTOMIZED TRAINING PACKAGES

We regularly deliver specialized training packages tailored to meet the operational requirements for your organization's personnel to enhance existing capabilities, increase skill, proficiency, and knowledge.







## LEAD INSTRUCTORS



**KEN GOOD**  
Founder  
Former US Navy SEAL

Ken J. Good is a former Naval Special Warfare operator @ SEAL Team One. He was the Honor Graduate of BUD/S Class #105. His military experiences includes all aspects of land, sea, and airborne special warfare applications, including the instruction of techniques and doctrine to members of foreign militaries.

Ken has trained thousands of military, law enforcement, and security professionals over the past 30 years through a variety of institutional and commercial enterprises.

Mr. Good holds patents on several products designed for use in combative environments.



**RYAN BERTRAND**  
Senior instructor for PCS  
SWAT Officer

Captain with the Sioux City, IA Police Department (20-yrs experience). Ryan brings a tactical background with service in the United States Marine Corps (Amphibious Assault), SWAT (Team Member, Leader, and Commander levels), and Department's Head Defensive Tactics Instructor with various tactical-related instructorships (Less Lethal/ Impact/Chemical Munitions, NRA Select-fire weapons, FLETC Use of Force, etc.).

He has received numerous commendations from his department, including Exceptional Duty, Chief's Commendation, Distinguished Service Medal, and Officer of the Year (Operation Restore Hope).



**NICHOLAS BLOOMFIELD**  
Senior instructor for PCS  
SWAT Officer

Nick was a full-time sworn Peace Officer in the state of New Mexico. SWAT Team member/trainer with his Department.

Nick is a regular and successful competitive shooter and is the inventor of the unique "Pressure-Beak" trigger system.

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